



The Chapel of St Peter and St Paul

at The Old Royal Naval College, Greenwich

Sunday 22nd March 2020

Fourth Sunday of Lent, Mothering Sunday

Matins

Penitential Introduction

Dearly beloved brethren,
the Scripture moveth us in sundry places to acknowledge
and confess our manifold sins and wickedness;
and that we should not dissemble nor cloak them before
the face of almighty God our heavenly Father;
but confess them with an humble, lowly, penitent and
obedient heart;
to the end that we may obtain forgiveness of the same
by his infinite goodness and mercy.
And although we ought at all times humbly to acknowledge
our sins before God;
yet ought we most chiefly so to do,
when we assemble and meet together
to render thanks for the great benefits that we have
received at his hands,
to set forth his most worthy praise,
to hear his most holy word,
and to ask those things which are requisite and necessary,
as well for the body as the soul.
Wherefore I pray and beseech you,
as many as are here present,
to accompany me with a pure heart, and humble voice,
unto the throne of the heavenly grace, saying after me:

General Confession

All **Almighty and most merciful Father; We have erred, and strayed from thy ways like lost sheep. We have followed too much the devices and desires of our own hearts. We have offended against thy holy laws. We have left undone those things which we ought to have done; And we have done those things which we ought not to have done; And there is no health in us. But thou, O Lord, have mercy upon us, miserable offenders. Spare thou them, O God, which confess their faults. Restore thou them that are penitent; According to thy promises declared unto mankind in Christ Jesus our Lord. And grant, O most merciful Father, for his sake; That we may hereafter live a godly, righteous, and sober life, To the glory of thy holy Name. Amen.**

Absolution

Almighty God, the Father of our Lord Jesus Christ,
who desireth not the death of a sinner,
but rather that he may turn from his wickedness and live;
and hath given power, and commandment, to his ministers
to declare and pronounce to his people, being penitent,
the absolution and remission of their sins:
he pardoneth and absolveth all them that truly repent
and unfeignedly believe his holy gospel.
Wherefore let us beseech him to grant us true repentance,
and his Holy Spirit,
that those things may please him which we do at this present;
and that the rest of our life hereafter may be pure and holy;
so that at the last we may come to his eternal joy;
through Jesus Christ our Lord.

All **Amen.**

The Lord's Prayer

All **Our Father, which art in heaven,
Hallowed be thy Name.
Thy kingdom come.
Thy will be done, in earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
As we forgive them that trespass against us.
And lead us not into temptation;
But deliver us from evil:
For thine is the kingdom,
The power, and the glory.
For ever and ever. Amen.**

All **O Lord, open thou our lips
and our mouth shall shew forth thy praise.**

All **O God, make speed to save us.
O Lord, make haste to help us.**

All **Glory be to the Father, and to the Son,
and to the Holy Ghost;
as it was in the beginning, is now, and ever shall be,
world without end. Amen.**

All **Praise ye the Lord.
The Lord's name be praised.**

Venite (Psalm 95)



O come, let us | sing un-to the | Lord:
Let us heartily rejoice in the | strength of | our sal—| vation.

Let us come before his | presence • with | thanksgiving:
and shew ourselves | glad in | him with | psalms.

For the Lord is a | great— | God:
and a great | King a-bove |all— | gods.

In his hand are all the | corners • of the | earth:
and the | strength of • the | hills is • his |also.

The sea is | his and • he | made it:
and his | hands pre- | par'd the • dry | land.

O come, let us worship and | fall— | down:
and | kneel be-fore the | Lord our | Maker.

For he is the | Lord our | God:
and we are the people of his | pasture • and the | sheep of • his hand.

Glory | be • to the | Father:
and to the Son, | and • to the | Ho-ly | Ghost;

As it was in the beginning, is now, and | ever • shall | be:
world without | end, A— | — | men.

Psalm 34: 11-20

Come, ye children, and hearken unto me :
I will teach you the fear of the Lord.

What man is he that lusteth to live :
and would fain see good days?

Keep thy tongue from evil :
and thy lips, that they speak no guile.

Eschew evil, and do good :
seek peace, and ensue it.

The eyes of the Lord are over the righteous :
and his ears are open unto their prayers.

The countenance of the Lord is against them that do evil :
to root out the remembrance of them from the earth.

The righteous cry, and the Lord heareth them :
and delivereth them out of all their troubles.

The Lord is nigh unto them that are of a contrite heart :

and will save such as be of an humble spirit.
Great are the troubles of the righteous :
but the Lord delivereth him out of all.
He keepeth all his bones :
so that not one of them is broken.

First Lesson *Exodus 2: 1-10*

Now a man from the house of Levi went and took to wife a daughter of Levi. The woman conceived and bore a son; and when she saw that he was a goodly child, she hid him three months. And when she could hide him no longer she took for him a basket made of bulrushes, and daubed it with bitumen and pitch; and she put the child in it and placed it among the reeds at the river's brink. And his sister stood at a distance, to know what would be done to him. Now the daughter of Pharaoh came down to bathe at the river, and her maidens walked beside the river; she saw the basket among the reeds and sent her maid to fetch it. When she opened it she saw the child; and lo, the babe was crying. She took pity on him and said, "This is one of the Hebrews' children." Then his sister said to Pharaoh's daughter, "Shall I go and call you a nurse from the Hebrew women to nurse the child for you?" And Pharaoh's daughter said to her, "Go." So the girl went and called the child's mother. And Pharaoh's daughter said to her, "Take this child away, and nurse him for me, and I will give you your wages." So the woman took the child and nursed him. And the child grew, and she brought him to Pharaoh's daughter, and he became her son; and she named him Moses, for she said, "Because I drew him out of the water."

Te Deum

We praise thee, O God: we acknowledge thee to be the Lord.
All the earth doth worship thee: the Father everlasting.
To thee all angels cry aloud: the heavens and all the powers therein.
To thee Cherubin and Seraphim continually do cry,
Holy, Holy, Holy: Lord God of Sabaoth;
Heaven and earth are full of the Majesty of thy glory.
The glorious company of the Apostles praise thee.
The goodly fellowship of the Prophets praise thee.
The noble army of Martyrs praise thee.

The holy Church throughout all the world doth acknowledge thee;
The Father of an infinite Majesty; thine honourable, true and only Son;
Also the Holy Ghost: the Comforter.
Thou art the King of Glory: O Christ.
Thou art the everlasting Son of the Father.
When thou took'st upon thee to deliver man: thou did not abhor the
Virgin's womb. When thou hadst overcome the sharpness of death:
Thou did'st open the Kingdom of Heaven to all believers.
Thou sittest at the right hand of God: in the Glory of the Father.
We believe that thou shalt come to be our Judge.
We therefore pray thee, help thy servants: whom thou hast redeemed
with thy precious blood.
Make them to be numbered with thy Saints:
In glory everlasting. O Lord, save thy people: and bless thine heritage.
Govern then: and lift them up forever. Day by day we magnify thee;
And we worship thy Name ever world without end.
Vouchsafe, O Lord: to keep us this day without sin.
O Lord, have mercy upon us. O Lord, let thy mercy lighten upon us:
As our trust is in thee. O Lord, in thee have I trusted:
Let me never be confounded.

Second Lesson *John 19: 25b-27*

But standing by the cross of Jesus were his mother, and his mother's sister,
Mary the wife of Clopas, and Mary Magdalene. When Jesus saw his mother, and
the disciple whom he loved standing near, he said to his mother, "Woman, be-
hold, your son!" Then he said to the disciple, "Behold, your mother!" And from
that hour the disciple took her to his own home.

Jubilate (Psalm 100)

O be joyful in the Lord, all ye lands:
serve the Lord with gladness
and come before his presence with a song.
Be ye sure that the Lord he is God:
it is he that hath made us and not we ourselves;
we are his people and the sheep of his pasture.
O go your way into his gates with thanksgiving, and into his courts with
praise: be thankful unto him, and speak good of his Name.
For the Lord is gracious, his mercy is everlasting:
and his truth endureth from generation to generation.
Glory be to the Father, and to the Son, and to the Holy Ghost.
As it was in the beginning, is now and ever shall be: world without end.
Amen

The Apostles' Creed

All **I believe in God the Father Almighty,
maker of heaven and earth:
And in Jesus Christ his only Son our Lord,
who was conceived by the Holy Ghost,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, dead and buried.
He descended into hell;
the third day he rose again from the dead;
he ascended into heaven,
and sitteth on the right hand of God the Father Almighty;
from thence he shall come to judge the quick and the dead.
I believe in the Holy Ghost;
the holy catholic Church;
the communion of Saints;
the forgiveness of sins;
the resurrection of the body,
and the life everlasting.
Amen.**

The Responses

The Lord be with you.
All **And with thy spirit.**

Let us pray.

Lord, have mercy upon us.
All **Christ, have mercy upon us.**
Lord, have mercy upon us.

All **Our Father, which art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done,
in earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive them that trespass against us.
And lead us not into temptation;
but deliver us from evil. Amen.**

O Lord, shew thy mercy upon us.
All **And grant us thy salvation.**

O Lord, save the Queen.
All **And mercifully hear us when we call upon thee.**

Endue thy ministers with righteousness.
All **And make thy chosen people joyful.**

O Lord, save thy people.
All **And bless thine inheritance.**

Give peace in our time, O Lord.
All **Because there is none other that fighteth for us,
but only thou, O God.**

O God, make clean our hearts within us.
All **And take not thy Holy Spirit from us.**

Collect for the Day

Merciful God, whose Son Jesus Christ, the child of Mary, shared the life of a home in Nazareth and on the cross drew the whole human family to himself: strengthen us in our daily lives that in joy and sorrow we may know the power of thy presence to bind together and to heal; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Collect for Peace

God, who art the author of peace and lover of concord,
in knowledge of whom standeth our eternal life,
whose service is perfect freedom;
Defend us thy humble servants in all assaults of our enemies;
that we, surely trusting in thy defence,
may not fear the power of any adversaries,
through the might of Jesus Christ our Lord.
Amen.

Collect for Grace

O Lord, our heavenly Father,
Almighty and everlasting God,
who hast safely brought us to the beginning of this day;
Defend us in the same with thy mighty power;
and grant that this day we fall into no sin,
neither run into any kind of danger;
but that all our doings may be ordered by thy governance,
to do always that is righteous in thy sight;
through Jesus Christ our Lord.
Amen.

Sermon *See separate attachment*

Intercessions

We pray for the needs of the world and for ourselves.

We remember before God all who are affected in any way by the coronavirus, those who have tested positive, those in isolation, medical staff, other support services, families and friends.

We pray for the peace of the world, for those in authority at this time, for leadership guided by wisdom and the welfare of all people. For our Queen and the Royal family. We pray for our Church, for our Archbishops, Bishops, Priests and Deacons and for all congregations committed to their care.

We give thanks for the beauty of the earth but ask that its fragility is respected.

We pray for any who suffer in body, mind or spirit at this time. Particularly remembering before you any who have asked for our prayers.

We remember with gratitude those we love who have died may they rest in peace.

We keep a moment of quiet as we lift to God the prayers that we hold on our hearts but find difficult to say.

All O Eternal Lord God, our Creator and our Judge, hear our prayer as we offer to Thee our worship and thanksgiving.

Keep us mindful of those who have conducted their business on the seas in the defence of this realm; those who have worshipped in this Chapel through the centuries and those who seek now both to follow their faithful example and to spread the glorious news of Thy gospel. Preserve us in all our doings and grant us Thy continuous help.

We ask this in the name of Him whose Light we follow, shining as a beacon across the ocean of our life, even Jesus Christ our Lord.

Amen

A Prayer of St Chrysostum

Almighty God,
who hast given us grace at this time with one accord
to make our common supplications unto thee;
and dost promise that when two or three are gathered together in thy
Name
thou will grant their requests:
Fulfil now, O Lord, the desires and petitions of thy servants,
as may be most expedient for them;
granting us in this world knowledge of thy truth,
and in the world to come life everlasting.
Amen.

The Grace

All **The Grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Ghost, be with us all evermore.
Amen**

The Blessing

The peace of God, which passeth all understanding, keep your hearts and
minds in the knowledge and love of God, and of his Son Jesus Christ our
Lord: and the blessing of God Almighty, the Father, the Son, and the Holy
Ghost, be amongst you and remain with you always.
Amen